



# Tui Ridge Park

ROTORUA NEW ZEALAND

## *Frisbee Golf*

### *What is TRP Frisbee Golf?*

Frisbee golf is a fun activity for under 10 year olds based loosely on traditional golf. It has nine "holes" on a course with pars for each hole. All the gear you need is provided for the activity.

### *It's all yours*

Our staff will provide you with instructions and all the equipment you'll need to run this activity. For clients staying onsite this activity is free of charge. For an additional cost an Tui Ridge instructor can be provided.

### *What do I have to wear?*

We advise sturdy shoes, relatively comfortable fitting practical clothes. Hats and warm jackets and a raincoat are also recommended as it can get cold at the park.

### *Food and Water*

The activity is situated close to the main complex so you can fill up your drink bottles if you need to. Tui Ridge can provide meals by request for day visitors but this must be booked prior to arrival and would be an additional cost.

### *Who can use it?*

Any member of the public can hire our Frisbee golf course on any day of the week except Saturdays and subject to booking availability.

### *Contact details*

You can contact us by email at [tuiridgepark@xtra.co.nz](mailto:tuiridgepark@xtra.co.nz) or fax us on 07 332 3540 or just plain old fashioned call us on 0800 TUIRIDGE, we would love to hear from you.



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## **FRISBEE GOLF PROCEDURES** **This is an adult supervision activity**

### *DESCRIPTION*

Frisbee Golf is played similar to normal golf but with a Frisbee. The object is to get around the set course in the least amount of throws.

### *GROUP RESPONSIBILITIES*

Adults should make themselves familiar with the rules of play prior to activity beginning  
The rules of play will be with all other gear and given to the group prior to the activity beginning  
Sufficient adult supervision of the activity must be maintained at all times  
Group leaders are responsible for pointing out any hazards  
Group leaders are solely responsible for the safety and well being of the participants during the activity  
Any property damaged while participating in the activity will be charged to the group accordingly  
Tui Ridge recommends that good foot wear be worn at all times during the activity  
One person only should be on any fairway at any given time during the activity

### *TUI RIDGE PARK RESPONSIBILITIES*

Tui Ridge Park will point out possible hazards, if any, to group leader prior to activity  
Tui Ridge Park will check and maintain the Frisbee golf course and all it's equipment on a regular basis  
Tui Ridge Park will provide both written and oral instruction on how to play Frisbee golf along with all equipment required prior to activity beginning

### *DISCLAIMER*

I the under signed have read and understood the procedures for use of Frisbee Golf and here by declare to maintain that all requirements are known and followed by all participants.

Signed: \_\_\_\_\_(Group leader) Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Group name: \_\_\_\_\_





## *Safety Action Plan* Frisbee Golf

What could go wrong?	What could cause it to go wrong?	How could we prevent it from going wrong?	Whose responsibility is it?	When/where will it be done?
Sprained ankles, knees, grazes and blisters  Not finding the "holes"	Slipping over, uneven ground	Regularly check and maintain course  Wear proper fitting footwear	Tui Ridge Staff  Group leaders	Every couple of months  Prior to activity
	Maps are not clear and "holes" not clearly marked	Ensure maps are clear and up to date. Check and maintain the course regularly	Tui Ridge Staff	Every 2 months or as needed

## *Safety Action Plan*

### **Emergency Action Plan**

- Stop the activity
- Assess the patient administer first aid if injury is not serious
- If serious injury contact Ambulance service via Tui Ridge office on 2 way radio
- Do not move patient
- Stay with injured party until help arrives
- Continue activity if appropriate after patient is treated
- Complete incident form at end of ride

### **Instructor requirements**

- Group leadership skills
- Knowledge of the Frisbee golf course

### **Pre activity check list**

- Check maps
- Check course is OK
- Collect gear

### **Additional requirements/Qualifications:**

- TRP Staff should have the following NZQA unit standards
- 20146