



# Tui Ridge Park

ROTORUA NEW ZEALAND

## *Challenge Ropes Course*

### *What is a Challenge Ropes Course?*

The Tui Ridge Park Challenge Ropes course is a series of challenges set 10 metres off the ground designed to challenge participants as well as create a sense of team building and co-operation within the group.

There are 10 different elements that can be achieved, designed to increase in "perceived risk" so as to enhance participants sense of achievement.

### *You are in good hands*

Qualified instructors will take a group through each step of the High Ropes from trust activities, introduction to gear and training of its use to finally getting "up there" onto the ropes. Each instructor has been fully trained and is totally competent in every aspect of all the activities and procedures.

### *What do I have to wear?*

We advise sturdy shoes, relatively comfortable fitting practical clothes. Items like Lycra shorts, loose sandals and trousers with low crutches aren't recommended. Hats and warm jackets are recommended and a raincoat just in case.

### *Food and Water*

There is no drinking water at the Course site so you may want to bring your own drinks. Tui Ridge can provide lunches by request but must be booked prior to arrival.

### *Who can use it?*

Any member of the public can hire the High Ropes Course on any day of the week except Saturdays and subject to booking availability. Prices will vary depending on group numbers and time required.

### *Contact details*

You can book with us by email at [tuiridgepark@xtra.co.nz](mailto:tuiridgepark@xtra.co.nz) or fax us on 07 332 3540 or just plain old fashioned call us on 0800 TUIRIDGE, we would love to hear from you.



# Tui Ridge Park

## HIGH ROPES COURSE PROCEDURES

**This is a qualified instructor only activity**

### GROUP RESPONSIBILITIES

#### WITH TUI RIDGE INSTRUCTORS

Adults to help supervise and belay participants during activity (i.e. group control).

Adults to assist in the fitting of harnesses and belaying

Must have at least one adult per group of participants preferably three adults per group as this dictates the number of belayers and activities able to run at one time.

#### WHEN SUPPLYING OWN INSTRUCTORS

Group must have a competent, trained instructor with a Safety Skills and Standards certificate in high ropes or the equivalent. The instructor must be assessed & approved by TRP staff.

Group is completely responsible for the safety and well being of all participants in their group.

### TUI RIDGE PARK RESPONSIBILITIES

#### WHEN HIRED AS INSTRUCTORS

Tui Ridge Park will provide competent, trained instructors.

Tui Ridge Park will be responsible for the safety and well being of the participant while on the High Ropes.

Tui Ridge Park instructors will give clear instructions on the operation of each activity.

Tui Ridge Park will provide helmets, harnesses, ropes and equipment for each activity.

All ropes will be logged and checked on a regular basis and ropes retired after no more than 300 hours of actual use

Tui Ridge Park will maintain and upgrade the High Ropes course and all its equipment.

Group ratios worked to suit instructor experience, participant experience and conditions.

Tui Ridge Park will close down activity if conditions are considered by the instructor to be too dangerous (i.e. Thunderstorm or raining)

#### WHEN HIRED AS A SITE ONLY

Tui Ridge Park will maintain and upgrade the High Ropes course as stated above.

Tui Ridge Park reserves the right to ask for and inspect Instructors Log book.

Tui Ridge Park reserve the right to inspect any equipment brought on site to be used on the park's High Ropes course. If found not to be up to Tui Ridge Park standards the use of the High Ropes course will be denied.

All the equipment to safely operate the High Ropes course is part of the hire price and a key to the gear shed will be given on the group's arrival at the office.

Tui Ridge Park reserve the right to close down, or cancel the High Ropes course, if the weather is deemed unsafe.

### DISCLAIMER

I, the under signed have read and understand the procedures for the hire and use of the Tui Ridge Park High Ropes course and here by declare to maintain that all requirements are known and followed by all participants.

Signed: \_\_\_\_\_ (Group leader) Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Group name: \_\_\_\_\_





## *Safety Action Plan* High Ropes Course

What could go wrong?	What could cause it to go wrong?	How could we prevent it from going wrong?	Whose responsibility is it?	When/where will it be done?
Brakes, sprains, muscle strains, splinters and grazes	Lack of supervision Lack of instruction	Clear instructions given to group prior to activity.	Tui Ridge staff	On the day at the beginning of activity
	No identification of possible hazards	Clear instructions given to participants	Tui Ridge Staff	On the day at the beginning of activity
	Harness/gear failure	Regular checks on gear and equipment, ropes etc	Tui Ridge Staff	Every 2 months and prior to use as well as a yearly independent inspection
	Harness or gear incorrectly fitted	Proper instruction given	Tui Ridge staff	On the day at the beginning and throughout the activity
	Oversized group	Set leader/participant ratio of 1/12	Tui Ridge Staff	Group should be informed at the booking stage
Electrocution	Lightning strikes	Assess weather conditions and stop activity immediately if a storm arises	Tui Ridge Staff	On the day
Hypothermia or Hyperthermia	Weather conditions	Assess weather conditions and dress accordingly	Tui Ridge Staff	In the morning and during activity



## ***Safety Action Plan***

### **Emergency Action Plan**

If someone is injured:

- Stop activity
- Tui Ridge Staff member at the office contacted and informed of situation via 2 way radio
- TRP staff member to assess injury and apply first aid if needed
- If injury is serious contact Ambulance services immediately, do not move the patient
- Continue activity if acceptable
- Complete Incident form at end of day

### **Instructor requirements**

- Leadership skills
- Understanding of TRP High Ropes procedures (found at office)
- Appropriate qualifications and experience

### **Pre activity check list**

- Pick up radio from office and check battery power
- Check site and gear is in good condition and set up course according to operating procedures
- Instruct group on procedures

### **Additional requirements/Qualifications:**

- PANZ Safety skills and standards or equivalent

